

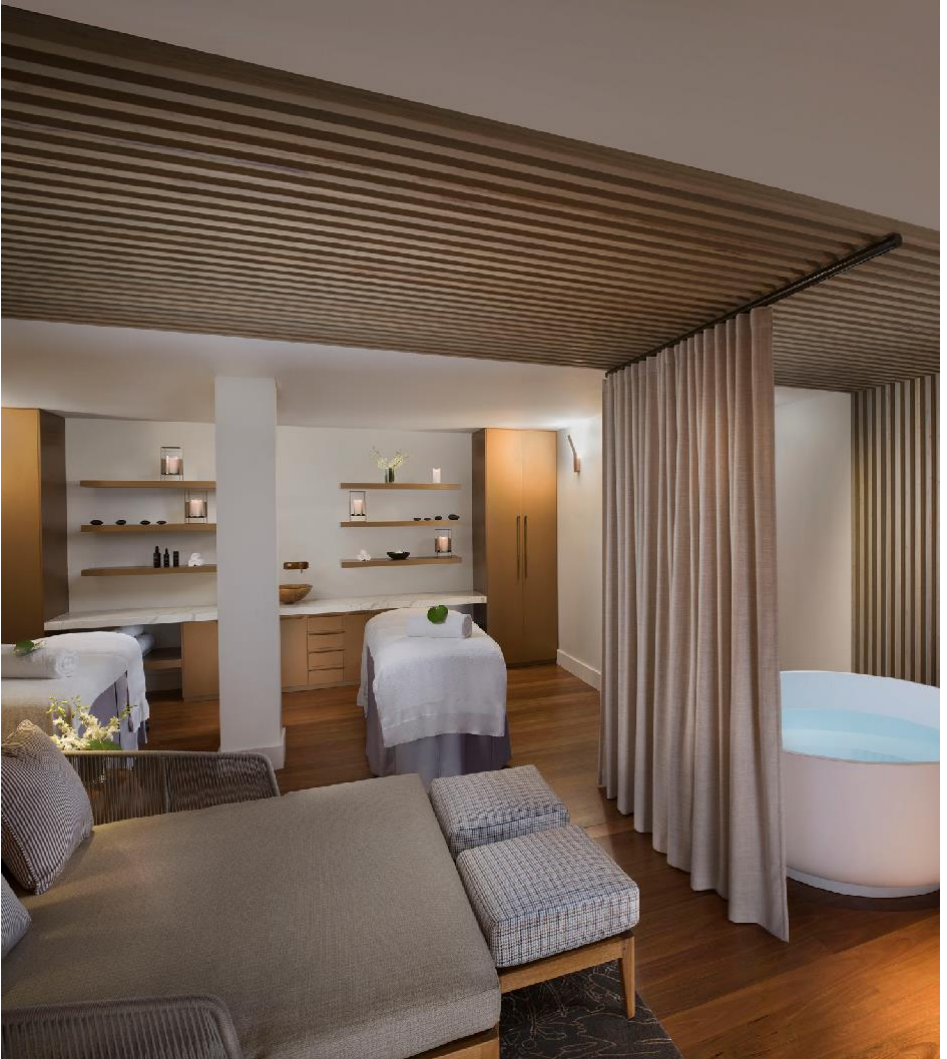


INTERCONTINENTAL[®]
HAYMAN ISLAND RESORT



SPA MENU

HAYMAN SPA



HAYMAN SPA

WELCOME

Welcome to Hayman®Spa.

In partnership with Elemis, Hayman Spa seeks to nurture and celebrate each individual's unique beauty with a bespoke invitation to travel deeper into relaxation.

Elemis is a world-class luxury skincare leader using innovative technology and skincare solutions. To nourish the skin's needs, Elemis is dedicated to using natural ingredients uniquely selected to achieve the best possible results, the perfect harmony, bringing scientific innovation into skincare.

We invite you into our exclusive Elemis Spa to experience an elevated, natural and luxurious experience with our team of qualified skin and wellness specialists.

ELEMIS
LONDON

SPA MENU

ONE-OF-A-KIND EXPERIENCES

Bamboo Loft Suite Upgrade

\$300 per two persons

Experience the pinnacle of Luxury in Hayman®Spa's private Bamboo Loft. Enjoy exclusive use of the aromatic deep soaking milk bath and dedicated steam room before your treatments commence. Includes refreshments & sparkling wine.

Destination Experience

from \$175 extra per person

Choose the setting for your Hayman®Spa treatment; whether it be placed under the lush palms of the resort's Rainforest Cabana, on the soft sands of Coconut Beach, or within the privacy of your guest room – the choice is yours. Available for selected treatments and room types.

Peaceful Pregnancy Massage*

60 min | \$340

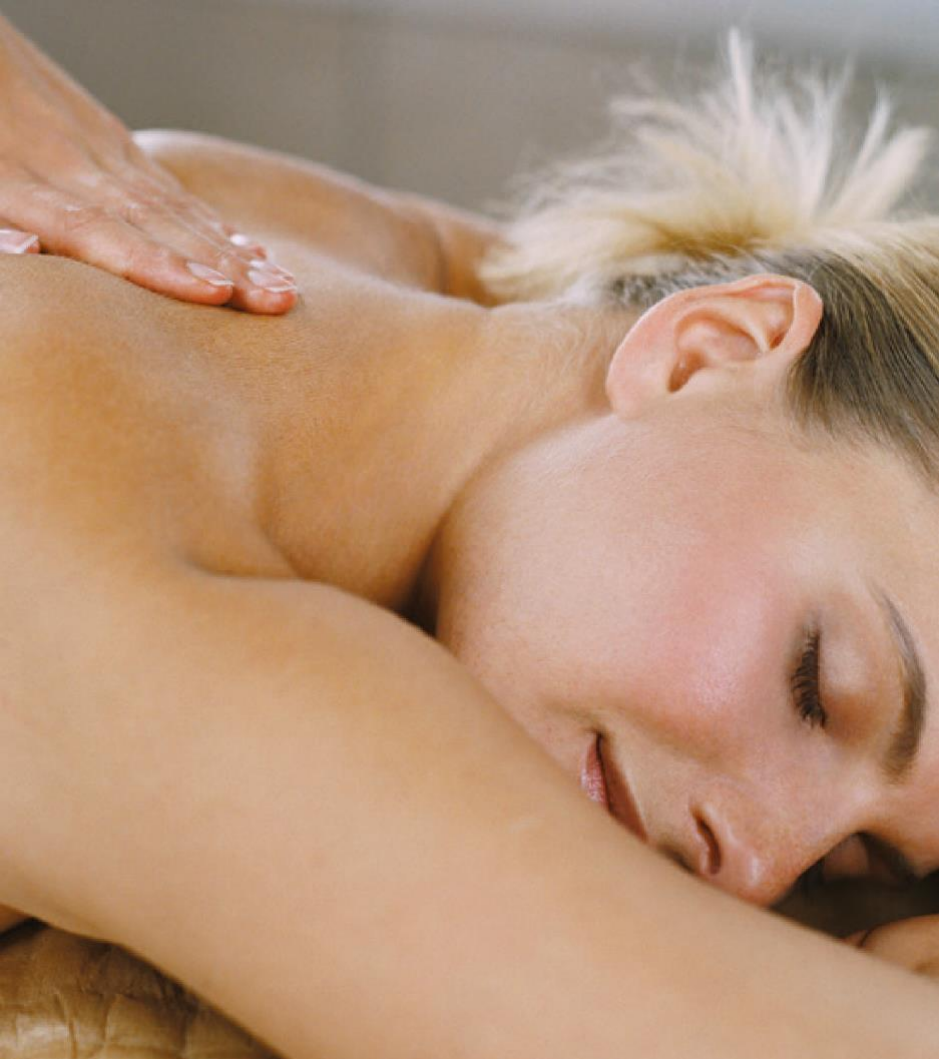
Indulge both you and your baby with this beautiful treatment designed to ease your tensions, both physical and emotional. A relaxing massage that hydrates and nourishes your skin whilst easing bodily discomfort. This experience comes with the gift of Hayman®Spa's Japanese Camellia Body Oil Blend to help minimise stretch marks and plump, hydrate, strengthen and protect the skin.

Spa Oasis Experience

30min | \$25

While in Hayman®Spa, gain complimentary access to an invigorating steam room, purifying sauna and refreshing cold plunge pool designed to restore vitality and regulate body temperature. Subject to availability.

HAYMAN SPA



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SPA MENU

SIGNATURE EXPERIENCES FOR ONE

The Hayman Signature Experience

4.5 hrs | \$1100

Designed as a Signature spa journey, The Hayman® Experience places you in the luxurious privacy of Hayman® Spa's Bamboo Loft with access to your own private bath and steam room. After indulging in an aromatic deep soaking milk bath, with refreshments & sparkling wine, your journey continues with an exotic body exfoliation designed to improve blood flow and elasticity. Be cocooned in warmth as the velvety textures of Frangipani Monoi oil offer hydration and mood-balancing aromas to the skin. Feel the full benefits of frangipani with the combination of steam therapy to enhance the wellbeing of your skin. Transition your body into even more profound relaxation with our Hayman Signature Massage with signature scent before your acclaimed therapist brings your journey full circle with a high-performance pro-glow renewal facial, leaving you glowing from inside and out.

Top to Toe

2 hours | \$480

Leave the world behind as you re-energise with an authentic soul to sole experience. Begin with a tension-relieving back massage and luxurious frangipani back scrub, this experience incorporates our signature Elemis welcome touches and sensory journey. Indulge in a warm aromatic press and enriching frangipani oil that leaves your scalp restored and your hair lustrous. Allow your hands and feet to be spoiled with a soothing massage. Complete your journey with the restoration of your natural glow with the inclusion of a Pro-Glow Renew Facial designed to boost your radiance and enhance your inner beauty.

Hayman Recovery

60 min | \$240

Reawaken your senses and re-energise your system. We begin with a relaxing back and neck massage to reduce tension and fatigue. This is followed by a luxurious Frangipani Cleansing Scrub and warm aromatic compresses. Your revival is completed with Elemis' radiance-boosting facial to awaken tired skin.

SPA MENU



SPA MENU

SIGNATURE EXPERIENCES FOR TWO

The Hayman Signature Experience

4.5 hours | \$2200

Designed as a Signature spa journey, The Hayman® Experience places you in the luxurious privacy of Hayman® Spa's Bamboo Loft with access to your own private bath and steam room. After indulging in an aromatic deep soaking milk bath, with refreshments & sparkling wine, your journey continues with an exotic body exfoliation designed to improve blood flow and elasticity. Be cocooned in warmth as the velvety textures of Frangipani Monoi oil offer hydration and mood-balancing aromas to the skin. Feel the full benefits of frangipani with the combination of steam therapy to enhance the wellbeing of your skin. Transition your body into even more profound relaxation with our Hayman Signature Massage with signature scent before your acclaimed therapist brings your journey full circle with a high-performance pro-glow renewal facial, leaving you glowing from inside and out.

Couples in Paradise

3.5 hours | \$1500

This exquisite journey begins in the Bamboo Loft, relaxing in a milk bath and private steam room to cleanse the senses. Skin is softened and polished with an energising dry body exfoliation designed to improve blood flow and elasticity. Instill deep tranquility and relaxation with a soothing bespoke body massage tailored to your individual needs and pro-glow renewal facial, with an enriching mask and tension relieving massage, to send you both on a journey to complete relaxation.

Couples Top to Toe

2 hours | \$980

Leave the world behind as you re-energise with an authentic soul to sole experience. Begin with a tension-relieving back massage and luxurious frangipani back scrub, this experience incorporates our signature Elemis welcome touches and sensory journey. Indulge in a warm aromatic press and enriching frangipani oil that leaves your scalp restored and your hair lustrous. Allow your hands and feet to be spoiled with a soothing massage. Complete your journey with the restoration of your natural glow with the inclusion of a Pro-Glow Renew Facial designed to boost your radiance and enhance your inner beauty.

SPA ETIQUETTE

FACIALS *

Elemis Pro-Glow Genius

75 min | \$280

You Line-fighting Superhero Facial.

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by our ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multifaceted facial rejuvenation and skin hydration, skin will be visible smoother, resilient and firmer-looking

Elemis Pro-Glow Smooth

60 min | \$240

For Gorgeous Glowing Skin

Elemis' signature deep cleansing skin wellness facial, showcasing prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In just one treatment, skin looks visible refreshed and rebalanced.

Elemis Pro-Glow Resurface

60 min | \$240

The HIIT Workout for Your Skin.

Powerful resurfacing technology lift away dead skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

Elemis Pro-Glow Radiance

Resurfacing for Stunningly Smooth Skin

60 min | \$240

Purify and brighten as the skins texture is transformed. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri-Enzyme technology minimizes the look of uneven tone, texture, fine lines and pigmentation.

**Please note that all our facials are pregnancy safe and also suitable for men*

SPA MENU



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BODY TREATMENTS

Frangipani Intensively Cleansing Scrub

60 min | \$230

Balance your body with the application of mineral-rich salts and hibiscus. This full body exfoliation will leave you feeling cleansed and refreshed. Enjoy an infusion of exotic Tahitian Monoi Oil and Frangipani Flowers while your skin is left feeling moisturized and delicately fragranced.

Frangipani Body Nectar Nourishing Wrap

60 min | \$240

More than a body wrap. This treatment uses lymphatic techniques to open the pathways and drain toxins. Relieve stress and fatigue while gently stimulating the body's circulation with dry body brushing and encouraging the regeneration of new cells. The velvety texture of Monoi Oil offers intense hydration to quench thirsty skin. You are kept cocooned in warmth whilst the mood-balancing aromatics and skin-conditioning cream mask performs its magic.

**We recommend upgrading this experience from dry body brushing to a full body frangipani cleansing scrub / 30mins / \$140*

SPA MENU

MASSAGE

Hayman® Signature Massage 60min | 90min | \$240 | \$330

This relaxation massage uses smooth, flowing movements with light to medium pressure to increase circulation and balance the energy meridians in the body. The synergy of natural plant oils and aromatic plant essences will nourish your skin and help to relieve emotional and physical tension.

Hayman® Hot Stone Massage 90min | \$360

Soothe sore muscles with this therapeutic full-body massage enriched with active aromatic oils and warm volcanic stones designed to relieve tension. The heat from the stones will penetrate your muscles, soothing away aches and pains while inviting your entire body to unwind.

Bespoke Massage 60min | 90min | \$250 | \$340

For a personalised experience. This treatment will begin with a thorough consultation to identify individual preferences. With no two experiences the same, each therapist will use their unique expertise to tailor this treatment solely to you. Our highly skilled therapists use light to medium pressure for your deepest relaxation.

Peaceful Pregnancy Massage 60min | \$340

Indulge both you and your baby with this beautiful treatment designed to ease your tensions, both physical and emotional. A relaxing massage that hydrates and nourishes your skin whilst easing bodily discomfort. This experience comes with the gift of Hayman® Spa's Japanese Camellia Body Oil Blend to help minimise stretch marks and plump, hydrate, strengthen and protect the skin. Only available in 2nd & 3rd trimester.

SPA MENU

TREATMENT ENHANCERS

*** Only available as add-ons to other treatment bookings and not available as individual treatments.*

Frangipani Scalp Restore

15min | \$55**

Enjoy an aromatic steaming head wrap and enriching Frangipani oil massaged into the scalp. Ideal for relieving tension and providing essential nutrients to ensure hair is soft and shiny. The perfect accompaniment to your body treatment.

Pro-Glow Renewal Facial

30min | \$120

Elemis' signature deep cleansing skin wellness facial harnesses the goodness of Prebiotics and antioxidants to deliver a healthy-looking, lit-from-within glow. After just one treatment, the skin looks visibly refreshed and rebalanced.

Back Massage

30min | \$120

Focus entirely on your back, neck and shoulders, boosting circulation and encouraging further relaxation in your selected spa treatment.

Indian Head Massage

30min | \$120

Based on ancient healing techniques, this massage focuses on reducing tension in the head, neck and shoulders using the art of acupressure points to rebalance the body's natural energy.

Cooling Foot Revival

30min | \$120

Revive tired feet with an invigorating Lime and Ginger exfoliation followed by a soothing amica and camphor foot and calf massage.

Elemis Eye Treatment

\$50**

A hydrating and soothing eye mask features a skin-cocooning gel texture formulated with orange flower and cornflower extracts to comfort, cool and calm tired eyes, visibly reducing the signs of ageing. Leaving the eye area feeling dewy and vibrant.

SPA MENU

TREATMENT ENHANCERS

Neck & Jowl Pro Definition Lift and Contour \$75**

A revolutionary lifting mask for jowl and chin developed that unveils firmer, reshaped facial contours with more refined cheeks and jaw line.

A revolutionary lifting mask for jowl and chin

Hydra Soothing Gel Mask \$90**

A hydrating and soothing facial gel mask. Featuring a soothing formula that instantly calms and deeply hydrates the skin. Leaves your skin feeling soft, smooth and hydrated.

FOR THE YOUNGER ONES

Minimum age requirements and parent/guardian must have treatment in the same room.

Chocolate Body Cocoon 30min | \$110

Indulge your little one in our antioxidant-rich cocoa body wrap designed to uplift and ignite the senses. Dreams come true as our nurturing body mask leaves the skin smooth and aromatic.

Elemis Pro Glow Renewal Facial 30min | \$120

Elemis' resurfacing and moisture-boosting results unlock a healthy, lit-from-within glow. In just one treatment, skin looks visibly refreshed, renewed and radiant.

Add On

Coconut Oil Hair & Scalp Treatment 15mins | \$45

Drift away and release all tension as warm coconut oil drizzles over the scalp and hair. Ideal for relieving tension and providing essential nutrients to ensure hair is soft and shiny.

HAIR SALON



HAIR SALON

Located across from Hayman®Spa, welcome to Hayman®Hair Salon.

Extend your self-care journey with expert cutting, colouring and styling in an energetic and vibrant location. Exceeding your expectations with remarkable service, include pampering yourself before romantic private dining moments, wedding celebrations and memorable events.

Hayman®Hair Salon partners with Kevin Murphy using eco-friendly colour and styling products. Kevin Murphy's philosophy is paralleled with skincare, being weightless and strong, perfect for the tropical environment of Hayman Island.

Derived from the best natural ingredients available, combined with hi-tech scientific knowledge, Kevin Murphy products are free from sulphate, paraben, ammonia and PPD, with full PETA approval. Caring for our surrounds, Kevin Murphy utilise recycled packaging from 100% Ocean Waste Plastic.

HAIR SALON

HAIR CUTS & STYLING

Professional stylists at our Hayman® Hair Salon provide you with the ultimate hair journey complete with a premium service personalised to you. Treat, style and cut your hair to express your inner self.

Ladies

Shampoo, Cut and Blowdry	\$115
Restyle	\$150
Fringe Trim	\$30

Mens

Shampoo, Cut and Blowdry	\$85
Shampoo and Clipper Buzz Cut	\$60
Restyle	\$100
Fringe Trim	\$30

Kids

Shampoo, Cut and Blowdry (under 12 years)	\$65
Restyle	\$85
Babies Haircut (under 1 years)	\$50

STYLING*

Blowdry Long	\$100
Blowdry Medium	\$85
Blowdry Short	\$65
Hair Styling – up or down	\$125
Waves/Curls (on dry hair only)	\$85
Braids from	\$45

**Extra time needed will incur a \$25 charge -length, thickness or extensions.*

HAIR SALON

HAIR TREATMENTS

Kevin Murphy Masque

15 min | \$40

Provide your hair with the help it needs through our Kevin Murphy Massages. Suited to individual hair needs, our range of masques aim to protect, hydrate and restore your hair strength and shine. Hayman® Hair Salon's professionals will consult with you prior to this treatment to ensure they select the right masque for you.

Kevin Murphy Treat Me

30 min | \$60

Extend your luxury hair journey with a personalized salon experience. Tailored to your hair needs, Kevin Murphy's in-salon treatments help deliver deep conditioning, shine and long-lasting nourishment. Hayman® Hair Salon's professionals will provide you with a personal hair consultation, followed by a scalp cleanse and relaxational scalp massage. You are set to walk away with your hair feeling soft and shiny.

Hair and Scalp Rejuvenation Package

75 min | \$175

Unwind with a scalp scrub, head massage & blow wave in our salon. This experience is perfect to refresh the skin and remove impurities, combating the effects of sun, chlorine and saltwater during your island escape.

HAIR SALON

HAIR TREATMENTS

Foils 1 / 4Head	\$100
Foils 1 / 2 Head or Short Balayage	\$150
Foils 3 / 4Head or Medium Balayage Foils	\$200
Full Head or Long Balayage	\$250
Long All Over Colour	\$180
Med All Over Colour	\$150
Short All Over Colour	\$120
Regrowth	\$110
Scalp Lightner	\$130
T Section Grey Coverage	\$70
Toning – Refining	\$70
Refreshing Ends with Clear	\$60

Prices are 'from \$' and may change due to length and texture of hair. Prices will be confirmed in consultation stage prior to hair appointment. Free consultation available.

All colours must have a colour consultation with skin patch test prior to any colour service.

**We recommend adding a Blowdry to all Colour Treatments.*

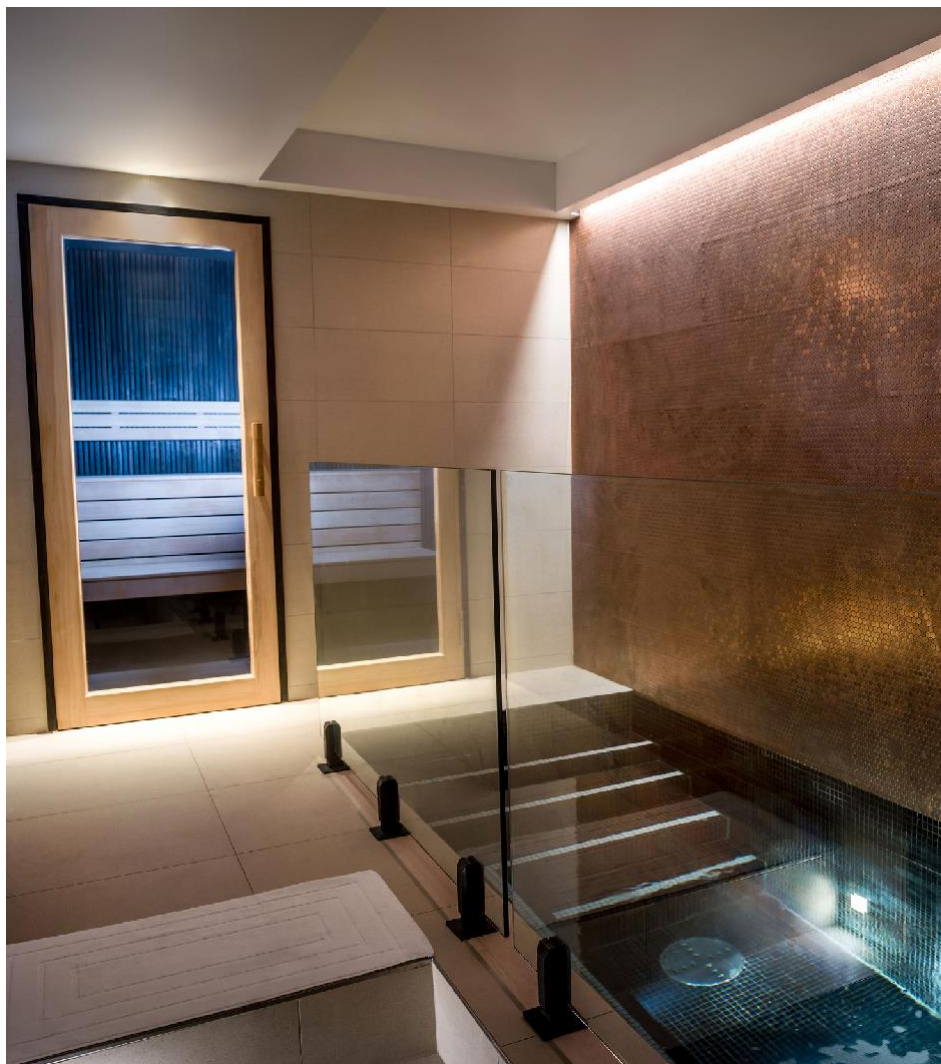
BRIDAL SERVICES

Please enquire directly to Hayman.spa@ihg.com

HAIR SALON



SPA ETIQUETTE



SPA ETIQUETTE

HOW TO SPA

We recommend you arrive minimum of 15 minutes prior to your scheduled appointment time to complete the necessary consultation form and prepare for your experience. Arriving late will limit the time of your treatment so that the next guest is not delayed.

Junior spa guests are welcomed with a guardian present.

Please wear comfortable clothes to Hayman®Spa. A robe, slippers and disposable underwear is provided along with a locker for your personal belongings.

Swimwear is required for use of the Spa Oasis.

Some treatments and products are not recommended during pregnancy. Our Hayman®Spa team will guide you in selecting suitable treatments.

We recommend you leave all your personal valuables and jewellery in your room. We are not liable for any safety of your valuable items.

Please advise of any medical conditions or injuries at time of booking as some treatments may not be suitable.

Some treatments may not be available due to specialist therapist availability.

The spa environment is one of tranquility and relaxation. Please respect the peacefulness and privacy of other guests by keeping your voice low, as treatments are in progress throughout the Spa.

Please ensure your mobile phone is on silent or vibrate only and we request that you leave it in the locker to fully immerse yourself into the experience.

To avoid cancellation costs, we respectfully require 24 hour's notice to change or reschedule your booking. Cancellations within 24 hours of the booking will incur a 50% charge, and within less than 12 hours or abandon will incur a 100% charge.

Please note that bookings on Public Holidays will incur a 15% surcharge



INTERCONTINENTAL HAYMAN ISLAND RESORT

Hayman Island, Whitsundays, Queensland, Australia
For any enquiries, please contact our Hayman® SPA team
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