

ACTIVITIES TIMETABLE

19 May – 25 May

Please scan the below QR code to view the most up-to-date activities timetable.



ON-ISLAND ACTIVITIES

	Monday, 19 May	Tuesday, 20 May	Wednesday, 21 May	Thursday, 22 May	Friday, 23 May	Saturday, 24 May	Sunday, 25 May
Beachfront Watersports**	2pm – 4:30pm	2:30pm – 5pm	3pm – 5pm	7am – 8:30am	7am – 9:30am	7am – 10am	7am – 10:30am
Kayak & Snorkel Tour				2pm – 5pm			
Blue Pearl Bay Hike & Snorkel	1pm – 4pm	1pm – 4pm					
Nature Walk	11am – 12pm		1pm – 2pm	10am – 11am			1:30pm – 2:30pm
Sunset Peak Hike	4:30pm – 6:30pm				4:30pm – 6:30pm		
Nocturnal Tour				5:30pm – 6:30pm			
Recreation Centre**	24/7	24/7	24/7	24/7	24/7	24/7	24/7
Golf Simulator	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm
Resort Orientation**	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm
Fish Feeding**	10am	10am	10am	10am	10am	10am	10am

** Complimentary Activities

ISLAND ESCAPADES & FISHING CHARTERS

	Monday, 19 May	Tuesday, 20 May	Wednesday, 21 May	Thursday, 22 May	Friday, 23 May	Saturday, 24 May	Sunday, 25 May
Langford Island Escapade	1pm – 3pm	1pm – 3pm		9am – 11am		1pm – 3pm	1pm – 3pm
Blue Pearl Bay II		9am – 11am	1pm – 3pm			9am – 11am	9am – 11am
Bali Hai Island Escapade			9am – 11am				
Sunset Escapade		3:45pm – 5:45pm		3:45pm – 5:45pm			
Shared Fishing Charter	8am – 11:30am		8am – 11:30am			8am – 11:30am	

WATER / SNORKEL TOURS

	Monday, 19 May	Tuesday, 20 May	Wednesday, 21 May	Thursday, 22 May	Friday, 23 May	Saturday, 24 May	Sunday, 25 May
Guided Jet Ski Tour	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm	9.15am – 11am 2pm – 3:45pm
Outer Reef Snorkeling Adventure	8:45am – 3:15pm		8:45am – 3:15pm		8:45am – 3:15pm		
Whitehaven Beach & Hill Inlet Lookout		12:15pm – 4pm		12:15pm – 4pm		9am – 12:45pm	
Inner Reef Snorkeling & Fish Feeding Adventure		9am – 11:45am		9am – 11:45am		1:15pm – 4pm	
Sunset Cruise			4:45pm – 5:45pm				4:45pm – 5:45pm

FITNESS CLASSES

	Monday, 19 May	Tuesday, 20 May	Wednesday, 21 May	Thursday, 22 May	Friday, 23 May	Saturday, 24 May	Sunday, 25 May
Morning Flow Vinyasa Yoga	11:30am – 12:30pm	8am – 9am			11:30am – 12:30pm	8am – 9am	9am – 10am
Nurture & Release Yin Yoga							
Sunrise Yoga							6am – 7am
Island Stretch**	3pm – 3:30pm				3pm – 3:30pm	10:30am – 11am	
Stretch & Meditation		1pm – 2pm				1pm – 2pm	1pm – 2pm
Sunset Yin Yoga	5pm – 6pm				5pm – 6pm		

** Complimentary Activities

FOOD & BEVERAGE

	Monday, 19 May	Tuesday, 20 May	Wednesday, 21 May	Thursday, 22 May	Friday, 23 May	Saturday, 24 May	Sunday, 25 May
Breakfast (Pacific)	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am
Lunch (Aqua / BamBam)	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm
Dinner Venues	Amici BamBam	Amici Pacific	Amici Pacific	Amici BamBam	Amici Pacific BamBam	Amici Pacific BamBam	Amici BamBam
Private Dining	Under the Stars Amici Al Fresco	Amici Al Fresco Pacific Beach Dinner	Amici Al Fresco Pacific Beach Dinner	Under the Stars Amici Al Fresco	Under the Stars	Pacific Beach Dinner	Amici Al Fresco
Live Music		<i>Pacific</i> <i>6pm – 9pm</i>	<i>Pacific</i> <i>6pm – 9pm</i>	<i>Pacific</i> <i>6pm – 9pm</i>	<i>Pacific</i> <i>6pm – 9pm</i>	<i>Pacific</i> <i>6pm – 9pm</i>	<i>Pacific</i> <i>6pm – 9pm</i>
Events & Activations		4pm – 4:30pm Meet The Bartender	3pm – 4pm Exploration of Wines		4pm – 4:30pm Exploration of Gin	2pm – 3pm Wine Cellar Discovery & Guided Tour @ Wine Cellar	

HELIREEF DAILY SCHEDULE - AIR EXPERIENCES

Tour	Duration	Daily Times
Outer Reef Discovery	3 hours	08:20am & 2:30pm
Best of Both Worlds	4.5 hours	08:20am & 1pm
Whitehaven Beach Indulgence	2 hours	10:30am, 1pm & 3:30pm
Whitsunday Dream Tour	2 hours	10:30am, 1pm & 3:30pm
Whitehaven Beach Scenic	30 minutes	10:30am, 1pm & 3:30pm
Heart Reef Express	45 minutes	10:30am, 1pm & 3:30pm
Heart Reef & Whitehaven Beach Scenic	60 minutes	10:30am, 1pm & 3:30pm