



ACTIVITIES TIMETABLE
16th June – 22nd June

Please scan the below QR code to view the most up-to-date activities timetable.



ON-ISLAND ACTIVITIES

	Monday, 16 June	Tuesday, 17 June	Wednesday, 18 June	Thursday, 19 June	Friday, 20 June	Saturday, 21 June	Sunday, 22 June
Beachfront Watersports**	12:30pm – 3pm	1:30pm – 4:30pm	2pm – 5pm	3pm – 5pm	3:30pm – 5pm	7am – 8:30am	7am – 9am
Blue Pearl Bay Hike & Snorkel			9am-12pm			8am – 11am	
Nature Walk		10am – 11am		9:30am – 10:30am			
Nocturnal Tour							
Sunset Peak Hike	4:30pm – 6:30pm					4:30pm – 6:30pm	
Recreation Centre**	24/7	24/7	24/7	24/7	24/7	24/7	24/7
Golf Simulator	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm	8am – 4pm
Resort Orientation **	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm	5pm – 5:30pm
Fish Feeding **	10:30am	10:30am	10:30am	10:30am	10:30am	10:30am	10:30am

** Complimentary Activities

ISLAND ESCAPADES & FISHING CHARTERS

	Monday, 16 June	Tuesday, 17 June	Wednesday, 18 June	Thursday, 19 June	Friday, 20 June	Saturday, 21 June	Sunday, 22 June
Langford Island Escapade		9am – 11am	1pm – 3pm	1:30pm – 3:30pm	1:30pm – 3:30pm	9am – 11am	1pm – 3pm
Blue Pearl Bay II	2pm – 4pm			1pm – 3pm	1pm – 3pm	2pm – 4pm	9am – 11am
Bali Hai Island Escapade							
Sunset Escapade		3:45pm – 5:45pm		3:45pm – 5:45pm			
Fishing Charter	8am – 11:30am		8am – 11:30am			8am – 11:30am	

WATER / SNORKEL TOURS

	Monday, 16 June	Tuesday, 17 June	Wednesday, 18 June	Thursday, 19 June	Friday, 20 June	Saturday, 21 June	Sunday, 22 June
Guided Jet Ski Tour	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm	9.15am – 11am 2pm -3:45pm
Outer Reef Snorkeling Adventure	8:45am – 3:15pm		8:45am – 3:15pm		8:45am – 3:15pm		
Whitehaven Beach & Hill Inlet Lookout		12:15pm – 4pm		12:15pm – 4pm		12:15pm – 4pm	
Inner Reef Snorkeling & Fish Feeding Adventure		9am – 11:45am		9am – 11:45am		9am – 11:45am	
Sunset Cruise			4:45pm – 5:45pm				4:45pm – 5:45pm

FITNESS CLASSES

	Monday, 16 June	Tuesday, 17 June	Wednesday, 18 June	Thursday, 19 June	Friday, 20 June	Saturday, 21 June	Sunday, 22 June
Morning Flow Vinyasa Yoga	8am – 9am	8am – 9am			11:30am – 12:30pm	8am – 9am	8am – 9am
Sunrise Yoga							
Sunset Yin Yoga					5:45pm – 6:45pm		
Stretch & Meditation		1pm - 2pm					1pm – 2pm
Island Stretch**	10:30am – 11am	10:30am – 11am			3pm – 3:30pm	10:30am – 11am	10:30am – 11am
Nurture and Release Yin Yoga	1pm – 2pm					1pm – 2pm	
Meditation & Mindfulness**							

** Complimentary Activities

FOOD & BEVERAGE

	Monday, 16 June	Tuesday, 17 June	Wednesday, 18 June	Thursday, 19 June	Friday, 20 June	Saturday, 21 June	Sunday, 22 June
Breakfast (Pacific)	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am	7am – 10:30am
Lunch (Aqua/BamBam)	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm	11:30am – 4pm Bar 11am – 6pm
Dinner Venues	Amici Bam Bam	Amici Pacific	Amici Pacific	Amici BamBam	Pacific BamBam	Pacific BamBam	Amici BamBam
Private Dining	Under the Stars Amici Al Fresco	Pacific Beach Dinner Amici Al Fresco	Pacific Beach Dinner Amici Al Fresco	Under the Stars Amici Al Fresco	Under the Stars	Pacific Beach Dinner	
Takeaway Options	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific	Pizza at Amici Burgers at Pacific
Live Music	Pacific 6pm – 9pm	Pacific 6pm – 9pm	Pacific 6pm – 9pm	Pacific 6pm – 9pm	Pacific 6pm – 9pm	Pacific 6pm – 9pm	Pacific 6pm – 9pm
Events & Activations		Meet the Bartender @Pacific 4pm – 4:30pm	Exploration of Wines @Pacific 3pm – 4pm		Hendricks Paint & Sip @Pacific 2pm – 3pm	Wine Cellar Tour @Adventure Lounge 2pm – 3pm	

HELIREEF DAILY SCHEDULE - AIR EXPERIENCES

Tour	Duration	Daily Times
Outer Reef Discovery	3 hours	08:20am & 2:30pm
Best of Both Worlds	4.5 hours	08:20am & 1pm
Whitehaven Beach Indulgence	2 hours	10:30am, 1pm & 3:30pm
Whitsunday Dream Tour	2 hours	10:30am, 1pm & 3:30pm
Whitehaven Beach Scenic	30 minutes	10:30am, 1pm & 3:30pm
Heart Reef Express	45 minutes	10:30am, 1pm & 3:30pm
Heart Reef & Whitehaven Beach Scenic	60 minutes	10:30am, 1pm & 3:30pm