



## ACTIVITIES TIMETABLE

17th August - 23rd August

### ON-ISLAND ACTIVITIES

|                                    | Monday,<br>17th August                    | Tuesday,<br>18th August                   | Wednesday,<br>19th August                 | Thursday,<br>20th August                  | Friday,<br>21st August                    | Saturday,<br>22nd August                  | Sunday,<br>23rd August                    |
|------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|-------------------------------------------|
| Beachfront Watersports (free)      | 11:00am - 4:30pm                          | 12:15pm- 4:30pm                           | 1:15pm - 4:30pm                           | 2:15pm - 4:30pm                           | 2:00pm - 5:00pm                           |                                           | 7:00am - 9:00am                           |
| 3- Hour Kayak & Snorkel Tour \$129 |                                           |                                           |                                           | 2:00pm - 5:00pm                           |                                           |                                           |                                           |
| Blue Pearl Bay Hike & Snorkel \$59 | 1:00pm - 4:00pm                           |                                           | 1:15pm - 4:15pm                           |                                           |                                           |                                           |                                           |
| Guided Island Loop \$30            |                                           |                                           |                                           |                                           | 9:45am - 12:15pm                          |                                           |                                           |
| Sunset Peak Hike \$29              |                                           | 4:30pm - 6:30pm                           |                                           | 4:30pm - 6:30pm                           | 4:30pm - 6:30pm                           |                                           | 4:15pm - 6:15pm                           |
| Nature Walk \$15                   | 9:00am - 10:00am                          | 9:45am - 10:45am                          |                                           | 11:30am - 12:30pm                         | 11:30am - 12:30pm                         | 1:00pm - 2:00pm                           | 10:45am - 11:45am                         |
| Nocturnal Walk \$29                |                                           |                                           | 6:15pm - 7:15pm                           | 7:00pm - 8:00pm                           | 6:15pm - 7:15pm                           | 7:30pm - 8:30pm                           |                                           |
| Weaving Class (free)               |                                           |                                           | 10:00am - 11:30am                         |                                           | 10:45am - 12:15pm                         |                                           |                                           |
| Sand flat tour \$15                |                                           |                                           |                                           |                                           |                                           |                                           | 12:15pm - 2:15pm                          |
| Crossfit (free)                    |                                           |                                           |                                           | 11:15am - 12:15pm                         |                                           |                                           | 11:00am - 12:00pm                         |
| Recreation Centre Happy Hour       |                                           |                                           |                                           |                                           |                                           | 4:00pm - 6:00pm                           |                                           |
| Croquet (free)                     | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               | on request<br>Bam Bam Lawns               |
| Fish Feeding (free)                | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) | 10:30am at Marina<br>(Buggy Ride 10:10am) |
| Recreation Centre (free)           | 24/7                                      | 24/7                                      | 24/7                                      | 24/7                                      | 24/7                                      | 24/7                                      | 24/7                                      |

### ISLAND ESCAPADES & FISHING CHARTERS

|                                  | Monday,<br>17th August | Tuesday,<br>18th August | Wednesday,<br>19th August           | Thursday,<br>20th August | Friday,<br>21st August              | Saturday,<br>22nd August | Sunday,<br>23rd August |
|----------------------------------|------------------------|-------------------------|-------------------------------------|--------------------------|-------------------------------------|--------------------------|------------------------|
| Langford Island Escapade \$115   | 1:00pm-3:00pm          | 1:00pm-3:00pm           | 9:00am - 11:00am<br>1:00pm - 3:00pm | 1:00pm-3:00pm            | 9:00am - 11:00am<br>1:00pm - 3:00pm | 1:00pm-3:00pm            | 1:00pm-3:00pm          |
| Blue Pearl Bay II Escapade \$115 | 9:00am-11:00am         | 9:00am-11:00am          |                                     | 9:00am-11:00am           |                                     | 9:00am-11:00am           | 9:00am-11:00am         |
| Bali Hai Island Escapade \$115   |                        |                         |                                     |                          |                                     |                          |                        |
| Sunset Escapade \$115            |                        | 4:15pm-6:15pm           |                                     | 4:15pm-6:15pm            |                                     |                          |                        |
| Fishing Charter \$399            |                        |                         |                                     |                          |                                     |                          |                        |

### WATER / SNORKEL TOURS

|                                             | Monday,<br>17th August                            | Tuesday,<br>18th August                           | Wednesday,<br>19th August                         | Thursday,<br>20th August                          | Friday,<br>21st August                            | Saturday,<br>22nd August                          | Sunday,<br>23rd August                            |
|---------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|---------------------------------------------------|
| Guided Jet Ski Tour \$299                   | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm | 9:15am-11:00am<br>11:30am-1:15pm<br>2:00pm-3:45pm |
| Whitehaven Beach & Hill Inlet Lookout \$265 |                                                   | 12:15pm - 4:00pm                                  |                                                   | 12:15pm - 4:00pm                                  |                                                   | 9:00am - 12:45pm                                  |                                                   |
| Inner Reef Snorkeling & Fish Feeding \$265  |                                                   | 9:00am - 11:45am                                  |                                                   | 9:00am - 11:45am                                  |                                                   | 1:15pm - 4:00pm                                   |                                                   |
| Sunset Cruise \$199                         |                                                   |                                                   | 5:15pm-6:15pm                                     |                                                   |                                                   |                                                   | 5:15pm-6:15pm                                     |
| Whale watching \$149                        |                                                   |                                                   |                                                   |                                                   | 10:30am - 11:30am<br>1:00pm - 2:00pm              |                                                   | 10:30am - 11:30am<br>1:00pm - 2:00pm              |

FITNESS CLASSES - 16yo min age

| Yoga Classes \$35                             | Monday,<br>17th August | Tuesday,<br>18th August | Wednesday,<br>19th August | Thursday,<br>20th August | Friday,<br>21st August | Saturday,<br>22nd August | Sunday,<br>23rd August |
|-----------------------------------------------|------------------------|-------------------------|---------------------------|--------------------------|------------------------|--------------------------|------------------------|
| Radiant Morning Flow<br>Gentle Vinyasa Yoga   |                        | 7:30am-8:30am           | 7:30am-8:30am             |                          |                        | 7:30am-8:30am            | 10:00am-11:00am        |
| Mana Flow<br>Power Vinyasa Yoga               |                        | 9:15am-10:15am          |                           |                          |                        |                          |                        |
| Tidal Tone & Sculpt<br>Yoga with Weights      |                        |                         | 9:15am-10:15am            |                          |                        |                          |                        |
| Stretch & Meditation                          |                        |                         |                           |                          |                        |                          | 11:45am-12:45pm        |
| Nurture and Release<br>Aromatherpy Yin Yoga   |                        | 1:45pm-2:45pm           | 1:45pm-2:45pm             |                          |                        | 1:30pm - 2:30pm          |                        |
| Beachside Bliss @ Sunset -<br>Flow Meditation |                        |                         |                           |                          |                        |                          |                        |

FOOD & BEVERAGE

|                                                         | Monday,<br>17th August             | Tuesday,<br>18th August                 | Wednesday,<br>19th August       | Thursday,<br>20th August           | Friday,<br>21st August                                     | Saturday,<br>22nd August        | Sunday,<br>23rd August          |
|---------------------------------------------------------|------------------------------------|-----------------------------------------|---------------------------------|------------------------------------|------------------------------------------------------------|---------------------------------|---------------------------------|
| Breakfast<br>(Pacific)                                  | 6:30am-10:30am                     | 6:30am-10:30am                          | 6:30am-10:30am                  | 6:30am-10:30am                     | 6:30am-10:30am                                             | 6:30am-10:30am                  | 6:30am-10:30am                  |
| Lunch (Aqua/BamBam)                                     | 11:30am – 4pm<br>Bar 11am – 5pm    | 11:30am – 4pm<br>Bar 11am – 5pm         | 11:30am – 4pm<br>Bar 11am – 5pm | 11:30am – 4pm<br>Bar 11am – 5pm    | 11:30am – 4pm<br>Bar 11am – 5pm                            | 11:30am – 4pm<br>Bar 11am – 5pm | 11:30am – 4pm<br>Bar 11am – 5pm |
| Dinner Venues                                           | Bam Bam<br>Amici                   | Pacific<br>Amici                        | Pacific<br>Bam Bam              | Bam Bam<br>Amici                   | Pacific<br>Amici                                           | Bam Bam<br>Pacific              | Bam Bam<br>Amici                |
| Private Dining                                          | Under The Stars<br>Amici Al Fresco | Pacific Beach Dinner<br>Amici Al Fresco | Pacific Beach Dinner            | Under The Stars<br>Amici Al Fresco | Under The Stars<br>Pacific Beach Dinner<br>Amici Al Fresco | Pacific Beach Dinner            | Amici Al Fresco                 |
| Bar Fifty Adventure<br>Lounge                           | Open from 4:00pm                   |                                         |                                 | Open from 4:00pm                   |                                                            |                                 | Open from 4:00pm                |
| Live Music                                              |                                    | 7:00pm – 10:00pm                        | 7:00pm – 10:00pm                | 7:00pm – 10:00pm                   | 7:00pm – 10:00pm                                           | 7:00pm – 10:00pm                | 7:00pm – 10:00pm                |
| Pacific Bar                                             |                                    | Open from 4:00pm                        | Open from 4:00pm                |                                    | Open from 4:00pm                                           | Open from 4:00pm                |                                 |
| Aqua Bar - Happy Hour                                   | 4:00pm - 5:00pm                    | 4:00pm - 5:00pm                         | 4:00pm - 5:00pm                 | 4:00pm - 5:00pm                    |                                                            |                                 | 4:00pm - 5:00pm                 |
| Exploration<br>of Wine @ Pacific<br>(\$20)              |                                    |                                         |                                 |                                    | 4:00pm-4:45pm                                              |                                 |                                 |
| Complimentary Paint & Sip<br>* Beverages not included * |                                    |                                         |                                 |                                    | 3:00pm-4:00pm                                              |                                 |                                 |

HELIREEF DAILY SCHEDULE - AIR EXPERIENCES

| Tour                                       | Duration   | Daily Times                 |
|--------------------------------------------|------------|-----------------------------|
| Outer Reef Discovery                       | 3 hours    | 08:20am & 2:30pm            |
| Best of Both Worlds                        | 4.5 hours  | 08:20am & 1:00pm            |
| Whitehaven Beach<br>Indulgence             | 2 hours    | 10:30am, 1:00pm &<br>3:30pm |
| Whitsunday Dream Tour                      | 2 hours    | 10:30am, 1:00pm &<br>3:30pm |
| Whitehaven Beach<br>Scenic                 | 30 minutes | 10:30am, 1:00pm &<br>3:30pm |
| Heart Reef Express                         | 45 minutes | 10:30am, 1:00pm &<br>3:30pm |
| Heart Reef & Whitehaven<br>Beach<br>Scenic | 60 minutes | 10:30am, 1:00pm &<br>3:30pm |

Please scan the below QR code to view the most up-to-date activities timetable.

